

NORFOLK GENERAL HOSPITAL

REQUEST FOR X-RAY/ULTRASOUND

THIS REQUISITION AND YOUR HEALTH CARE ARE REQUIRED

To cancel or rebook your appointment, call **429-6974** (Fax 429-6992)
YOU MAY BE REBOOKED IF YOU ARE LATE FOR YOUR APPOINTMENT

NAME: patName PHONE: ...ePhone.default

ADDRESS: patAddressLabel

POSTAL CODE: ...PostalCode DATE OF BIRTH: patBirthdate.short

HEALTH CARD NUMBER: patHN

CLINICAL INFORMATION (Pertinent to the examination):

EXAMINATION REQUESTED:

PHYSICIAN SIGNATURE:

DATE OF L.M.P. IF APPLICABLE: _____

APPOINTMENT DATE:

APPOINTMENT TIME:

Please come *15 MINUTES* before scheduled time.

Obstetrical Ultrasound Information

Has patient had ultrasound elsewhere with this pregnancy?

☐ yes ☐ no

☐ Gestational age for maternal serum screening program- before 16 weeks

☐ Complete ultrasound- on or after 16 weeks

☐ Complete Ultrasound- for complications of pregnancy or high risk

☐ Limited- for high risk or complications

Please make necessary child care arrangements as children are not allowed in examination rooms, unless they are the patient. If you are pregnant or think that you may be pregnant, let your doctor and the Diagnostic Imaging Dept. know before your x-ray.

PLEASE MAKE SURE THE FOLLOWING INSTRUCTIONS ARE STRICTLY FOLLOWED

1) GI SERIES ALONE OR WITH SMALL BOWEL FOLLOW THROUGH, ABDOMINAL ULTRASOUND

Nothing to eat or drink after 10:00pm the night before until after your exam. You may take any medications with a few sips of water up to 2 hours before your exam.

2) BARIUM AIR ENEMA - follow either A or B

A) Clear Fluid diet (clear juice, broth, water, clear tea or coffee, jello or sherbert) for two days before the exam. Take castor oil (50ml) after supper the night before. Nothing to eat or drink until after your X-Ray. OR take Pico Salix, following instructions on bottle or packets.

B) Regular diet until the day before the exam. Use either COLYTE, KLEAN-PREP, GOLYTELY, OR PEGLYTE following the instructions on the bottle. They are available at your local pharmacy, and with a prescription are covered by most drug plans.

3) IVP

Take castor oil (50 ml) after supper the night before your exam, or Pico salix (following the instructions on the packets). Nothing by mouth after 10:00pm the night before until after your exam.

4) PELVIC, BLADDER AND OBSTETRIC ULTRASOUND ONLY

Start drinking five 8 ounce glasses of water two hours before your appointment time. Make sure you are finished drinking 1 hour before your appointment. DO NOT EMPTY YOUR BLADDER from this time until after your exam is completed. You may drink fruit juice, clear tea or coffee instead of water. Please refrain from carbonated drinks.

5) ABDOMINAL AND GALL BLADDER ULTRASOUND ONLY (NOT WITH GI SERIES)

NO solid food after midnight the night before your examination. You may drink clear fluids until one hour before your exam. (fruit juice, water, clear coffee or tea)

6) KIDNEY ULTRASOUND - No preparation needed.

7) ABDOMINAL AND PELVIC ULTRASOUND COMBINATION ONLY (NOT WITH A GI SERIES)

NO solid food after midnight the night before your examination. Start drinking five 8 ounce glasses of water, fruit juice, clear tea or coffee two hours before your appointment time. Stop drinking one hour before your appointment, and DO NOT EMPTY YOUR BLADDER from this time until after your exam is completed