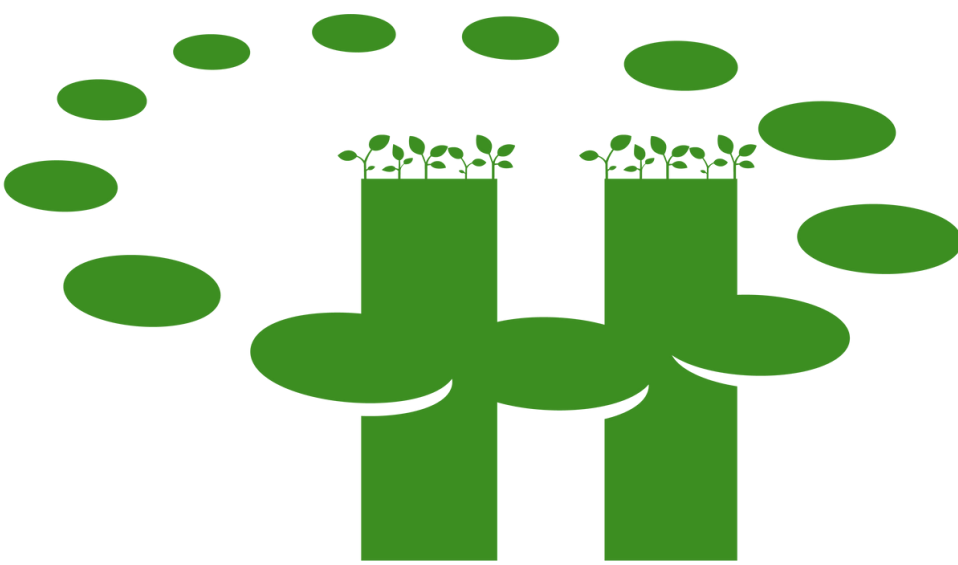


Introduction to the Green Initiative



Hamilton Family Health Team

Green Initiative

Authors: Dr. Meghan Davis B.Eng. MD FCFP

Tatiana Gayowsky B.ASc.

Design: Teniola Ayeni & Tatiana Gayowsky

WELCOME

To the Hamilton FHT Green Initiative!

This initiative was started in late 2019 by Dr. Meghan Davis and Marijke Jurriaans within the Social Responsibility committee of the Hamilton Family Health Team. On the outset, two family medicine pilot sites participated: Crownpoint Lower and 33 Dundas Street. This group began with the goal of decreasing waste and emissions from the pilot sites. The project has now grown to emphasize initiatives which synergistically improve patient and environmental health (“high quality, low carbon care”). The progress of this project has been made possible by the involvement of two key leadership positions: a clinical lead (Dr. Meghan Davis) and dedicated project management (Tatiana Gayowsky).

Hamilton FHT Green Initiative

Introduction to the Green Initiative

We now supply a wide range of environmental sustainability tools to primary care clinics across Canada. This infographic will take you through our:

1. **Project timeline**
2. **Scope**
3. **Reflections and tips for success.**

1. Project Timeline



Spring 2019:

Dr. Diane Saxe Talk



Fall 2019:

Pitched Project to HFHT



Winter & Spring 2019:

Pilot Sites Engaged



Fall 2020:

Expanded into Green Care



Winter 2021:

Embed in QI via BOD



Winter 2021:

Dedicated Project Management



Spring 2021:

AGM with Dr. Suzuki



Summer 2021:

Newsletter



Winter 2022:

Webinars Launched



Summer 2022:

HFHT & OHT Strategic Plan

2. Scope

When starting this project, we found it important to establish our scope. This helped us to narrow the environmental sustainability lens (which can very quickly become overwhelming!) to our expertise, ensuring our changes were practical and measurable. The scope of this project is to support environmental sustainability in the delivery of primary care both within clinical care and the waste and emissions from the places in which we provide that care.



.....

3. Reflections

Develop Interorganizational Teams

Partnerships between organizations enable a more robust project. We have had the privilege of working with the McMaster Department of Family Practice, Best Care, and Family Health Teams (FHT) like McMaster FHT, Beamsville Medical Centre FHT, and Guelph FHT.



Hamilton FHT Green Initiative

Introduction to the Green Initiative

Form Interprofessional Teams

Having an interprofessional team contributes valuable perspectives and expertise, and broadens participation. Furthermore, it makes care more consistent for patients. We have had the privilege of engaging with a wide range of professionals both for content creation and dissemination. Our team and participants have involved:

- Administrators
- Certified respiratory educators
- Communications professionals
- Family physicians
- Mental health counsellors
- Nursing professionals (NPs, RNs, & RPNs)
- Occupational therapists
- Pharmacists
- Physician assistants
- Physician specialists
- Physiotherapists
- Psychiatrists
- Quality improvement specialists
- Registered dietitians
- Respiratory therapists
- Students.... and more!



Apply for Funding

Grants have been helpful to increase team capacity. ECO Canada grants were used for both summer students and longer-term interns.

[See ECO Canada's funding programs here.](#)

Hamilton FHT Green Initiative

Introduction to the Green Initiative

Motivate Change

This project leverages a multifactorial approach to motivating change, including:



All of our tools are available free of charge [on our website](#).

Hamilton FHT Green Initiative

Introduction to the Green Initiative

Establish Metrics

Measuring progress is motivational and enables accountability. This project is embedded within QI and reports the following metrics:

- Engaged cities and provinces across Canada
- Engaged Organizations: Ontario Health Teams, Family Health Teams, Nurse-Practitioner-Led Clinics
- Number of participants (and their professions)
- Newsletter readership, open, and click rates
- Resource use & website traffic
- Number of plaques earned

Establish metrics that reflect your scope and can be measured.



Attention Hamilton Clinics! You can earn a plaque! Form a green team, put up some posters, start an initiative, and [let us know about it.](#)

Our Tips for Success



Make it practical

Whatever topic(s) you focus on, make them doable within a busy clinical day.

Hamilton FHT Green Initiative

Introduction to the Green Initiative

Focus on efforts which

- Have synergies with good patient care, and
- Have the most environmental impact ([learn more here](#)).

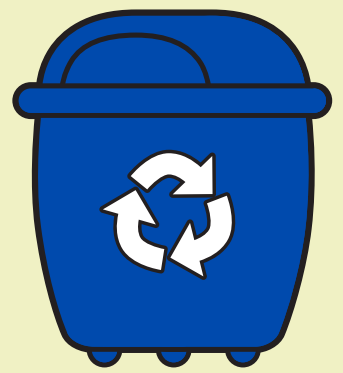


Collaborate

Avoid reinventing the wheel where resources have already been created.

Avoid over-emphasizing recycling

There are topics with more positive impact that are more easily implemented.



Celebrate successes

Celebrating, and more generally, making this work fun, increases uptake and decreases climate grief.

Lift where you stand ¹

Utilize the strengths of your team and their connections and network.



1. Concept from Helmut Modlik



Pursue progress, not perfection.

Involve your community, family, and friends.



Join the HFHT Green Initiative, and access all infographics, videos, and other resources at:

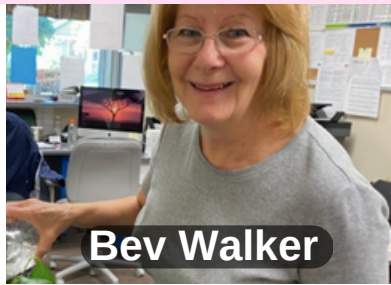
[HFHT Green Initiative Webpage](#)

If you have any questions, please reach out to us: green.team@hamiltonfht.ca

Meet the amazing people who started this initiative!



Andrea Wickett



Bev Walker



Dawn Atwell



Denise Shepard



Diane Shamchuk



Hannah Gillett



Jacqueline Valchuk



Joanne Hickman



Joanne Johns



Kate Demers



Kera Jones



Laurie Aglor



Lenore Dickson



Madeleine Elton



Marijke Jurriaans



Megan Briggs



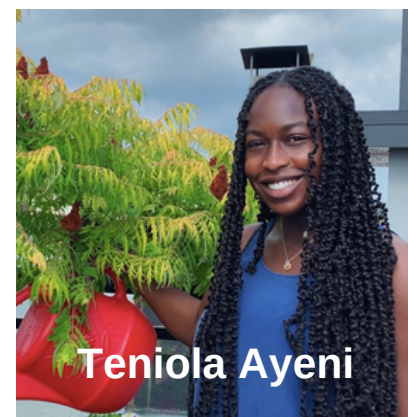
Meghan Davis



Rebecca Gillett



Sabrena Dorris



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