### June 2023

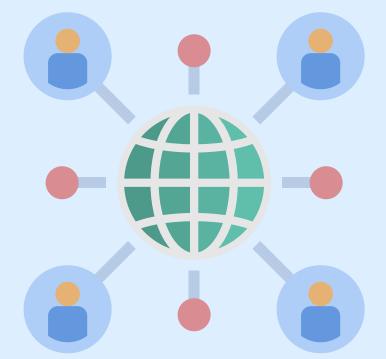
Connect



Hamilton Family Health Team

Green Initiative

# Connect with Other Organizations



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# The organizations below can help you learn, advocate, and connect with communities engaged in environmental action!

# **National & Provincial Organizations**

# Ontario Medical Association: Green is Health

Green is Health is a medical interest group (MIG), currently run by Dr. Meghan Davis and accessible by members of the OMA. To get started, log into your OMA account, go to your profile and add "Green is Health" to your interest groups, then join in on the conversation!



## National & Provincial Organizations [cont'd]

# Partnerships for Environmental Action by Clinicians and Communities for Healthcare Facilities

**PEACH** connects organizations across Ontario to support climate action in healthcare.



# Canadian Association of Physicians for the Environment (CAPE)

**CAPE** strives to enable health for all through research, advocacy, and directing media attention to key environmental topics. They welcome all healthcare practitioners, and have a <u>series of webinars</u> and a <u>newsletter</u> to improve advocacy and education.



Canadian Association of Nurses for the Environment

**CANE** focuses its efforts on improving planetary health in nursing practice, research, policy, and education. Membership includes access to education and advocacy opportunities.



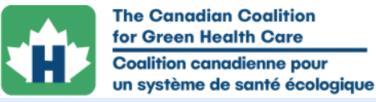
Canadian Association of Nurses for the Environment

Association canadienne des infirmières et infirmiers pour l'environnement

### **Canadian Coalition for Green Healthcare**

This <u>resource network</u> offers many resources for all healthcare contexts, including a <u>Green Office Toolkit</u> which was key to the start of the Hamilton FHT Green Initiative, and to which we contributed updated content in

2023.



### CASCADES

**<u>CASCADES</u>** supports Canadian healthcare providers transition to more environmentally-sustainable health system and includes education and other resources.



# **Global Organizations**

# **World Organization of Family Doctors**

**WONCA** is a global organization of family physicians working to forward health and equity. They have an environmental working group.



### **Clinicians for Planetary Health**

<u>C4PH</u>, part of the Planetary Health Alliance, advocates for patient health through planetary health using lifestyle modification and advocacy as their two main strategies. They also have a <u>declaration</u>

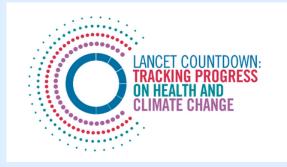
### calling for family doctors of the world to act on

<u>planetary health</u>.



### **Lancet Commission on Climate Change**

For a global perspective, the Lancet Commission on Climate Change identifies climate change as both the greatest global health threat and opportunity of the 21st century. It publishes yearly reports on the relationship between health and the environment, and includes policy briefs for specific countries.



# **Other Healthcare-Supporting Groups**

# <u>Greening Healthcare at Muskoka Algonquin</u> <u>Healthcare</u>

Learn how they reduced their waste footprint.

### Synergie Santé Environnement

Information on how Québec health care institutions improve environmental practices.

### Women's College Hospital Environmental Health Clinic

Resources on environmental health and improved health care for people with chronic complex environmentallylinked health conditions.

### Green Impact for Health (UK)

Free toolkit/checklist for that supports practices in making environmentally responsible changes.

### **Sustainability Roadmap for Hospitals**

A U.S. based program which offers pointers and education for improving environmental sustainability in hospitals.

### **<u>Clean River Recycling Solutions</u>**

This reference helped us with our waste audit, which was key for choosing priorities.

# <u>Local Activism Organizations</u> (non-healthcare)

# **Environment Hamilton**

Environment Hamilton seeks to make Hamilton carbon-neutral while securing local food sources, develop sustainable transportation, and ensure clean air, water, and land.



### Hamilton 350

The local chapter of the global organization 350, which seeks to replace fossil fuels with renewable energy sources.



### **Green Venture**

<u>Green Venture</u> seeks to take environmental action in Hamilton. It supports the creation of green spaces and contains resources for energy audits and rebates.



# Indigenous Sources

It is important to acknowledge that the connection between health and nature has been prominent in indigenous culture for centuries. The Algonquin and Ojibwe Nations in Canada use the Medicine Wheel to describe how balancing Mind, Body, Emotions, and Spirit will lead to wellbeing and emphasizes how measures of health should consider not only the person but also their interactions with their environment.

- Bell, N. (2014, June). <u>Teaching by the</u>
  <u>Medicine Wheel.</u> Education Canada.
- Favorite, M. R. (2004). The Ojibwe Medicine Wheel. Retrieved March 30, 2020, from <u>Anishinaabemowin website</u>.
- Kennelly, J., & Dockstator, M. (2012).
  <u>Indigenous Knowledges and Western</u>
  <u>Knowledges in Environmental Education:</u>
  <u>Acknowledging the Tensions for the</u>
  <u>Benefits of a "Two-Worlds" Approach.</u>

Join the HFHT Green Initiative, and access all infographics, videos, and other resources at: <u>HFHT Green Initiative Webpage</u>

If you have any questions, please reach out to us: <u>green.team@hamiltonfht.ca</u>